



AMERICAN SAFETY & HEALTH INSTITUTE

MEDIC First Aid

EMS SAFETY

# HSI EMERGENCY CARE TRAINING PROGRAMS FACT SHEET

## Overview

- The [Health & Safety Institute](#) (HSI), the American Heart Association®, Inc. (AHA), and the American National Red Cross (ARC) are the largest providers of cardiopulmonary resuscitation (CPR) in the United States.<sup>1,2</sup>
- HSI offers both blended learning and instructor-led classroom [training solutions](#) in adult and pediatric first aid, CPR, and Automated External Defibrillator (AED) for the community and workplace in addition to basic life support training (BLS) and [continuing education](#) for healthcare providers and public safety professionals.
- HSI training programs are equivalent to the training programs developed and administered by the AHA and the ARC.
- HSI is the successor organization to American Safety and Health Institute (ASHI), MEDIC First Aid, and EMS Safety. To address the risk of confusion, HSI's training materials and certification cards continue to carry the ASHI, EMS Safety Services, and MEDIC First Aid logos. In time, these logos will be phased out.

## Accreditation and Approval

- Neither HSI, the AHA, nor the ARC are U.S. [Recognized Accreditation Organizations](#). HSI, like the AHA and ARC, is nationally accredited by the [Commission on Accreditation of Pre-Hospital Continuing Education](#) (CAPCE) and is nationally approved by the Academy of General Dentistry (AGD) [Program Approval for Continuing Education](#) (PACE) as a continuing dental education (CDE) provider.<sup>3,4</sup>
- HSI Training Programs are approved by the HSI Medical Advisory Board and reviewed by the HSI Advisory Council.

### HSI Medical Advisory Board

- Geoffrey M. Hersch, DDS
- Jeffrey T. Lindsey, PhD, PM, EFO
- Joe A. Nelson, DO, MS, FACOEP-D, FACEP
- Nerina Stepanovsky, PhD, MSN, PM
- Marvin Wayne, MD, FACEP, FAAEM, FAHA

### HSI Advisory Council

- Javier Flores
- Alvin F. Hargrove
- Melanie Lofstedt
- Samuel Palagi, MA I/C, EMTP
- Cheryl Smith, BS, MBA
- Duane Whatley, NRP

## Guidelines and Treatment Recommendations

HSI's First Aid, CPR AED, and BLS training programs are evidence-based and are in the process of being updated to conform to the latest first aid and resuscitation science and treatment recommendations, including:

- [2025 International Consensus on Cardiopulmonary Resuscitation \(CPR\) and Emergency Cardiovascular Care \(ECC\) Science with Treatment Recommendations \(CoSTR\)](#)
- [First Aid: 2025 International Liaison Committee on Resuscitation Consensus on Science with Treatment Recommendations](#)

<sup>1</sup> Anderson ML, Cox M, Al-Khatib SM, et al. Rates of Cardiopulmonary Resuscitation Training in the United States. JAMA Intern Med. 2014;174(2):194–201. doi:10.1001/jamainternmed.2013.11320 [Retrieved 04/15/26] [Retrieved 04/15/26]

<sup>2</sup> Martin SS, et al. American Heart Association Council on Epidemiology and Prevention Statistics Committee and Stroke Statistics Subcommittee. 2024 Heart Disease and Stroke Statistics: A Report of US and Global Data from the American Heart Association. Sudden Cardiac Arrest, Ventricular Arrhythmias, and Inherited Channelopathies, Awareness and Treatment. Circulation. 2024 Feb 20;149(8):e347–e913. Available: <https://www.ahajournals.org/doi/epub/10.1161/CIR.0000000000001209> [Retrieved 04/15/26]

<sup>3</sup> CAPCE represents only that a continuing education program has met their standards for accreditation.

<sup>4</sup> PACE Approval does not imply acceptance by any regulatory authority or AGD endorsement (Provider ID# 355121 9/1/2025 to 8/31/2029).



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- [2025 American Heart Association®, Inc. \(AHA\) Guidelines Update for Cardiopulmonary Resuscitation \(CPR\) and Emergency Cardiovascular Care \(ECC\)](#)
- [2024 AHA and ARC Focused Update for First Aid](#) and [2025 American Red Cross First Aid Guidelines](#).

## Regulations, Industry Standards, and Best Practices

HSI's emergency care training programs are currently accepted, approved, or recognized as an industry credential meeting the requirements of thousands of employers, state and federal regulatory agencies, occupational licensing boards, professional associations, commissions, and councils in hundreds of occupations and professions.<sup>5</sup> HSI emergency care training programs meet industry standards and best practices, including but not limited to:

- The recommendations of the U.S. Department of Labor Occupational Safety and Health Administration (OSHA) [Best Practices Guide: Fundamentals of a Workplace First-Aid Program](#).
- The requirements of the United States Coast Guard, U.S. Department of Homeland Security, National Maritime Center for [Course Approval](#).
- The recommendations for [Pediatric First Aid and Pediatric CPR training](#) as recognized by the Child Care Technical Assistance Network, Office of Child Care, [Administration for Children & Families](#) (ACF), U.S. Department of Health & Human Services and U.S. state [Child Care Licensing Regulations](#).
- Established models, theories, and principles of instructional design and training development that have been integrated into HSI's emergency care training programs for nearly 50 years.

## Quality Assurance

- HSI training programs are taught by qualified instructors affiliated with an HSI approved training center that are authorized by HSI to certify course participants.
- HSI emergency care training programs require in-person, hands-on skill practice and evaluation by a currently authorized HSI instructor who verifies skill competency prior to issuing a HSI certification card.
- HSI maintains a valid, defensible, and effective [quality assurance system](#) specifically designed to monitor and improve the performance of its approved training centers and authorized instructors.
- HSI maintains an online [Registry Status Database](#) of all Training Centers and authorized instructors (both current and past). Using the search tool, regulators, employers, and prospective customers can verify the status of the Training Center and authorized instructor (Active, Inactive, Expired/Lapsed, Suspended, Revoked).
- HSI is a member of the [Council on Licensure, Enforcement and Regulation](#) (CLEAR), the premiere international resource for professional regulation stakeholders.
- HSI is a member of the [American National Standards Institute](#) (ANSI) a private, non-profit organization that administers and coordinates U.S. voluntary standards and conformity activities.

**If you have further questions, please contact us at 800-447-3177**

<sup>5</sup> It is not possible to guarantee that any HSI training program or HSI certification card will always be accepted or approved to meet a specific regulatory or occupational licensing requirement. HSI has no control over whether a particular institution or employer - including hospitals, private healthcare institutions, and other healthcare employers - will accept our certification as these entities set their own requirements for training and credentialing. Prospective students should be encouraged to check with their employer or accrediting, credentialing, or licensing agency to ensure HSI certification is accepted, approved, or meets requirements before beginning training.



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